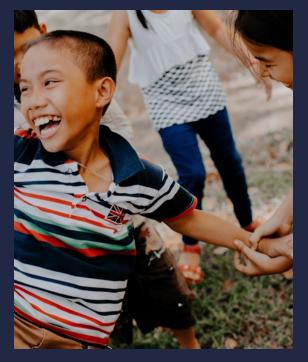
# DATA FOR WELL-BEING & EQUITY: WELL-BEING IN THE NATION (WIN) MEASURES

SOMAVA SAHA, MD MS, PRESIDENT AND CEO, WELL-BEING AND EQUITY (WE) IN THE WORLD EXECUTIVE LEAD, WELL BEING IN THE NATION (WIN) NETWORK









#### **NCVHS**



NCVHS Measurement Framework for Community Health and Well-Being, V4

This document was developed by the NCVHS Population Health Subcommittee drawing from a wide range of evidence, including an environmental scan conducted by the Committee, and with input from the public through a year-long, iterative process. This version of the Framework incorporates feedback received during the NCVHS Population Health workshop held in September 2016. In its capacity as a Federal Advisory Committee, the Committee has turned over the Framework to a non-governmental organization (NGO) whose leadership volunteered to steward its ongoing development, maturation, pilot, implementation and ongoing refinement in collaboration with federal, state, local governmental and non-governmental organizations. For questions, please contact NCVHS at <a href="mailto:ncvhsmail@cdc.gov">ncvhsmail@cdc.gov</a>.

National Committee on Vital and Health Statistics (NCVHS) is a Federal Advisory Committee – reports to secretary of HHS

Was charged with identifying *multi-sector* measures to support population and community health and wellbeing and address social determinants of health

Report from January 2017

Handed off the process of developing measures to 100 Million Healthier Lives



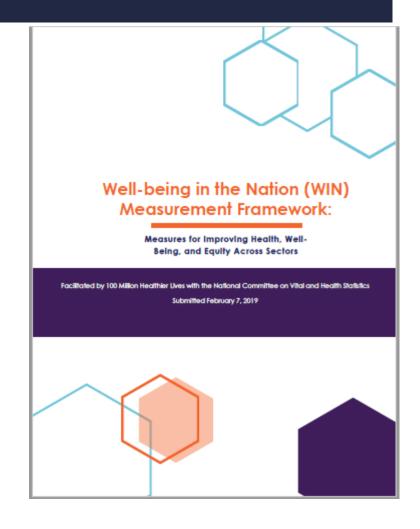
WELL BEING IN THE NATION NETWORK



## WHY DOES THE WELL-BEING IN THE NATION (WIN) MEASURE PROCESS EXIST? ¿POR QUÉ EXISTEN LAS MEDIDAS DE WIN?

- To connect the grassroots to the grasstops in an unprecedented and living collaboration to define, measure and improve what matters to communities.

  Para conectar una colaboración estrecha entre los esfuerzos comunitarios a los que promueven políticas (grassroots to grasstops) para definir, cuantificar y mejorar asuntos importantes en las comunidades.
- To give communities access to standard measures and data to drive their own improvement—and accountability. / Para brindar a las comunidades el acceso a la información e impulsar su propio progreso y rendición de cuentas.
- To create tools and supports to transform ourselves and our world. / Para crear herramientas y asistencias para transformar nuestro mundo y a nosotros mismos.





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THE MILBANK QUARTERLY

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SEPTEMBER 2020 (VOLUME 98)

**QUARTERLY ARTICLE** 

Well-Being in the Nation: A Living Library of

Measures to Drive Multi-Sector Population Health Improvement and Address Social Determinants

**PERSPECTIVE** 

POPULATION HEALTH

**Authors:** 

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**MARIANNE E. MCPHERSON** 

ROBERT PHILLIPS >

The past five years has seen a substantial increase in initiatives and activities that foster community-level multisector collaboration to advance population health. The rise in awareness of how social determinants drive health outcomes, advanced by the County Health Rankings & Roadmaps, the National Academies of Science, Engineering and Medicine, the All-In, the Practical Playbook, 100 Million Healthier Lives, the Robert Wood Johnson Foundation's Culture of Health initiative, and many others, have moved communities to invest in multisector collaboration to address social needs and the social determinants of health.

While there seems to be general agreement that multisector collaborati health and address social determinants, the availability of common mul-

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Cycle 1: Identify
proposed
measures

Compile suggested measures for each domain from inputs (e.g., landscape, listening sessions, dialogues). Create session summary.

Categorize measures by racial justice and intergenerational well-being focus and filter by: current, new potential/additional, systems change.

Assess list of new potential measures based on established Guiding Principles for Measures Revision or Addition.

Curate list of candidate measures for public prioritization.

Output: 1. Summary document of measures for each domain to support real-time engagement, 2. List/spreadsheet of candidate measures for public prioritization by importance for each domain

#### Cycle 2: Community Prioritization

Build out community participatory voting process (e.g., Mindmixer) for prioritizing proposed measures/concepts based on importance & useful.

Identify community groups and other stakeholders and distribute voting links for each domain. Participants rate/comment on measures/concepts based on "Important"& "Useful" criteria by domain.

For prioritized measures, identify "Basic Information".
For concepts without measures, Design team identify valid measures in the field (where possible).

Output: List of candidate measures by domain for technical filtering.

#### Cycle 3: Technical Filtering

Identify and recruit technical experts for each domain/subdomain. Share spreadsheet with criteria for assessing proposed measures and instructions for technical filtering.

Subdomain technical experts review list of measures and assess for valid, reliable, importance for research/national priorities (Y/N).

For prioritized concepts without measures, technical experts assist in identifying valid measures in the field (where they exist).

Output: List of candidate measures by domain for public rating/prioritization

#### Cycle 4: Public Rating / Prioritization

Build out community participatory voting process (e.g., Mindmixer) for rating and prioritizing based on criteria (0-3 rating).

Identify potential experts by training and lived experience at the community, state, national, federal levels for each domain/sub-domain.

Distribute voting links for specific domain, background materials, and instructions for reviewing proposed measures based on decision criteria.

Incorporate "voting" from story to measures translation from community dialogue process.

Output: List of X# most recommended measures by domain.

#### Cycle 5: Technical Categorization & Align/Refine

Technical reviewers validate prioritized list of measures and categorize into leading indicators or flexible expanded set based on importance to communities and level of data availability.

WIN Council reviews validated prioritized list to ensure balance of measures (standard, widely used, potential/used in fewer places, developmental) Review current 2019
Flexible Expanded
Measures for
promotion/demotion
based on any learning
and data availability.

Compare and align Cycle 4 list of measures with national initiatives and groups. Address any gaps. Output:
Refined/Updated WIN
Measures with a racial
justice and
intergenerational wellbeing lens

#### Cycle 6: Communication & Dissemination

Develop WIN Measures Framework Report and update winmeasures.org. Develop communications materials and dissemination plan.

Develop tools and resources to support community implementation (or link to existing).

Note: Propose that this process occur on a rolling basis by domain, following each listening session as measures are identified.

#### FINAL PROCESS OUTPUTS:

Refined/updates list of measures; 2. WIN Measures Report; 3. Updated winmeasures.org
 4. Tools to support community implementation

#### WELL-BEING IN THE NATION (WIN) OVERALL (CORE) MEASURES

#### Wellbeing of people

- People's perception of their well-being
- Life expectancy

#### Wellbeing of places

- Healthy communities index (USNWR/CHRR)
- Child poverty

#### **Equity**

- Differences in subjective wellbeing
- Years of potential life gained
- Income inequality, graduation rates
- Differences by demographic variables (race, place, gender, educational level, language, sexual identity, etc.)

#### **Overall Measures**







#### Alignment of WIN Measure Domains & Vital Conditions

**Vital Conditions for Well-being** 

WIN Measure Domains & Subdomains											
Community Vitality	Economy	Education	Environment	Food & Agriculture	Health	Public Safety	Housing	Transportation			
Social capital Governance Civic engagement	Employment Income & wealth	Participation & achievement Infrastructure & capacity	Natural environment  Neighborhood characteristics	Food availability  Nutrition	Health outcomes  Health conditions & diseases  Health behaviors	Crime Injuries Infrastructure Perceptions of public safety	Infrastructure & capacity Quality Use &	Infrastructure & capacity Use & affordability Quality			
Social inclusiveness			Built environment		Health care infrastructure		affordability				

Belonging & Civic	Meaningful Work	Lifelong Learning	Thriving Natural	Basic Needs for	Basic Needs for	Basic Needs for	<b>Humane Housing</b>	Reliable		
Muscle	& Wealth		World	Health & Safety	Health & Safety	Health & Safety		Transportation		
4,000										

#### **Vital Conditions**























#### HEALTH AFFAIRS FOREFRONT

RELATED TOPICS: SOCIAL DETERMINANTS OF HEALTH | FOOD | PUBLIC HEALTH

#### Organizing Around Vital Conditions Moves The Social Determinants Agenda Into Wider Action

Bobby Milstein, Becky Payne, Christopher Kelleher, Jack Homer, Tyler Norris, Monte Roulier, Somava Saha

FEBRUARY 2, 2023

10.1377/forefront.20230131.673841



### Well Being In the Nation Network (WIN)



#### What is WIN?

A strategic network coming together to advance intergenerational well-being and equity.

#### Who is in WIN?

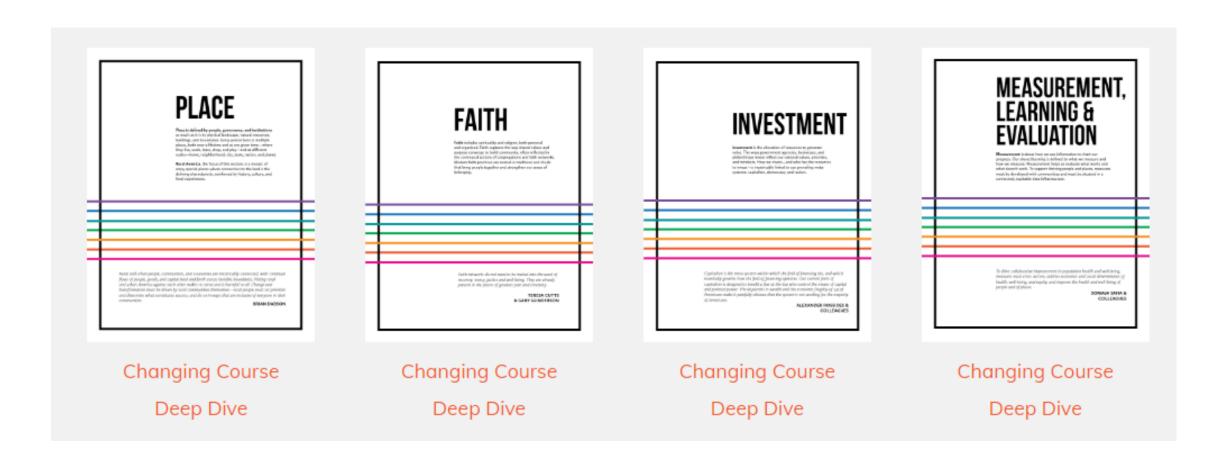
A diverse and growing number of people, organizations and communities across ages and places (including those who confront challenges every day).

#### What do we work on?

- Changing the culture and systems that perpetuate legacies of trauma and exclusion to ones which create dignity and inclusion
- Advancing the vital conditions that everyone needs to thrive

www.winnetwork.org

# Springboard for Equitable Recovery and Resilience - Thriving.us

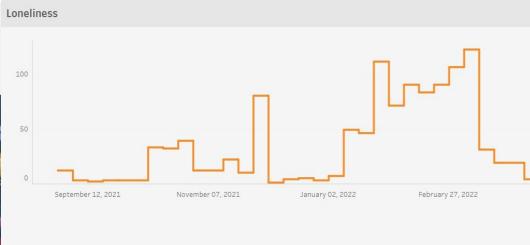


#### **Overall Measures**



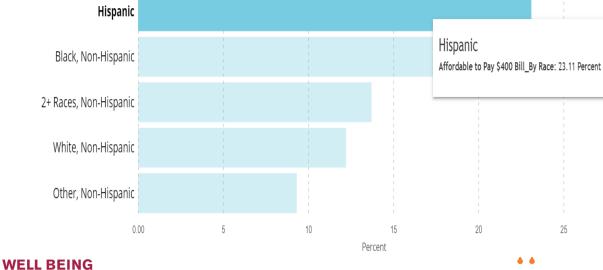






#### **Basic Needs** Need Food: **1,632.0** Center for Popular Democracy 2,025 Chromatic Black 431 Need Housing: 1,514.0 5,282 Fresno leed Rent: 1,334.0 230 Hawai'i Public Health Institute Need Utilities: 1,505.0 Latino Health Access 0 ed Childcare: 996.0 Meals on Wheels America 136 428 Migrant Clinician's Network leed Employment: 1,057.0 National Councils on Aging 1,221 leed Finances: 1,314.0 Public Health Institute-CACHE 81 Need Transportation: 1,217.0 USAging 2,016 leed Personal Safety: 1,118.0 We in the World-Win Total 11,850 No assistance needed: 1,795.0

## Inability to Afford a \$400 Emergency Expense, by Race/Ethnicity (2017)



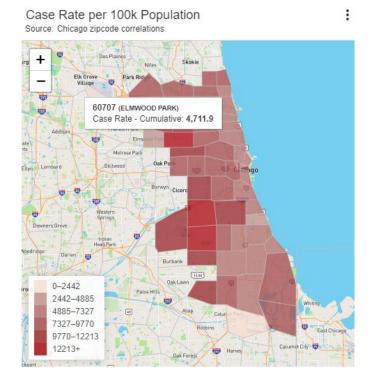


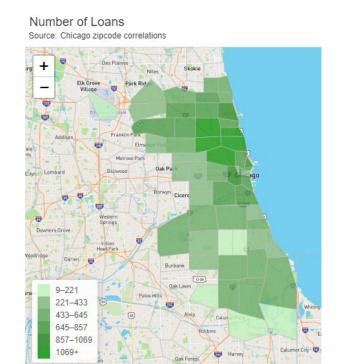


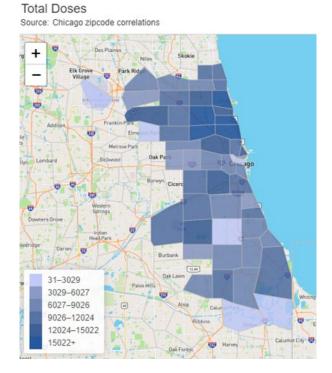












## THE NEW REDLINING – HOW CAN WE BE BETTER ANCESTORS?



# An equitable recovery is built on trust

Together we are transforming our relationships and systems to create the conditions for everyone to thrive.

# COMMUNITIES RISE PARTNERS -2400+ CBOS ON THE GROUND WHO BRING DEEP DECADES LONG EXPERIENCE TO REACHING HARD TO REACH COMMUNITIES

















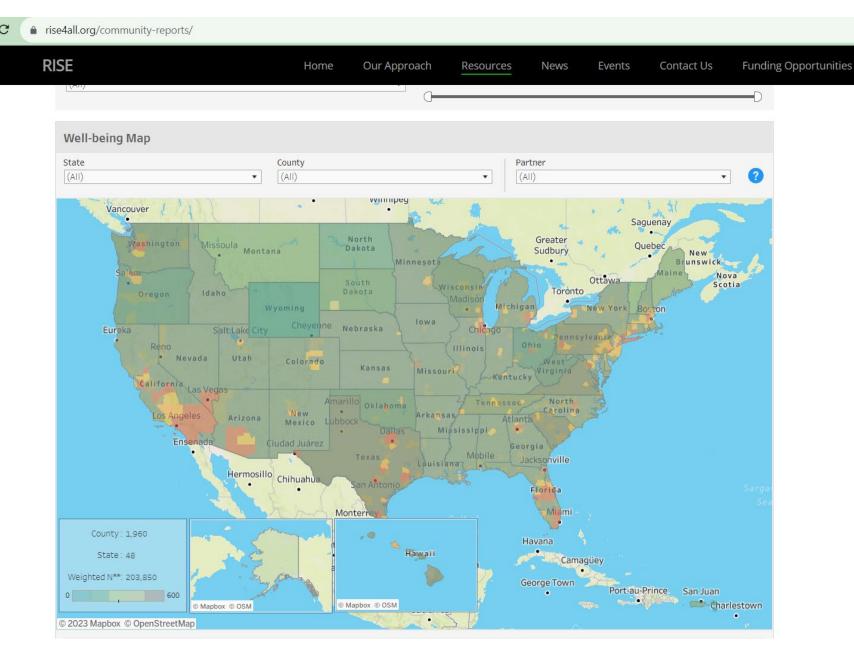


Facilitated by









Realtime
data system
– data back
within 48
hours to
communities

## CHANGING WHAT WE MEASURE SO ALL PEOPLE AND PLACES CAN THRIVE — PEOPLE REPORTED WELL-BEING

#### Common Measures for Adult Well-being

Please imagine a ladder with steps numbered from zero at the bottom to ten
at the top. The top of the ladder represents the <u>best possible life for you</u> and
the bottom of the ladder represents the <u>worst possible life for you</u>.

Indicate where on the ladder you feel you personally stand right now.

0 1 2 3 4 5 6 7 8 9 10

2. On which step do you think you will stand about five years from now?

0 1 2 3 4 5 6 7 8 9 10

3. Now imagine the top of the ladder represents the <u>best possible financial</u> <u>situation for you</u>, and the bottom of the ladder represents the <u>worst possible financial situation for you</u>. Please indicate where on the ladder you stand right now.

0 1 2 3 4 5 6 7 8 9 10

Worst Possible

#### Life evaluation

% people thriving

% people struggling

% people suffering

Overall life eval index: %thriving - % suffering

Age
Sex
Race/Ethnicity
Education
Zip code
Veteran status

- Two simple questions
- Administered 2.7 million times, highly validated
- Relates to morbidity, mortality, cost
- Useful for risk stratification
- Works across sectors
- Recommended by OECD
- Recommended by National Academies as a Leading indicator for Healthy People 2030

www.winmeasures.org

#### **DELAWARE OUTCOMES**





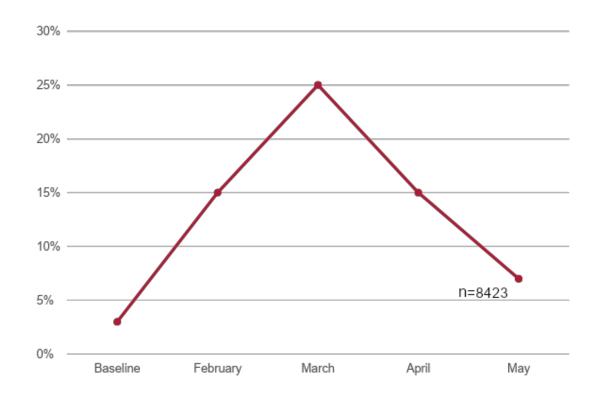




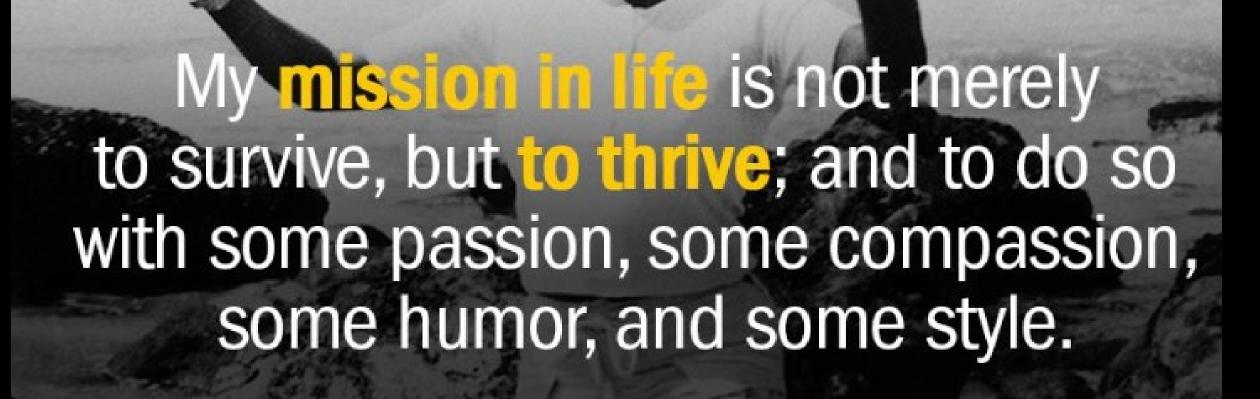


FAQ

#### % DSAMH Patients who are Suffering



- One of only three states where overdose rates didn't increase in 2020 (23% increase on average across nation)
- Reduced incarcerations (diversion)
- Reduced homelessness among the most vulnerable
- Data systems across sectors
- Improved access for everyone leveraging telehealth and online supports (Support Wall)



Maya Angelou

#### FOR MORE INFORMATION

- WIN measures <a href="https://www.winmeasures.org/">https://www.winmeasures.org/</a>
- WE in the World <a href="https://weintheworld.org/">https://weintheworld.org/</a>
- WIN Network <a href="https://winnetwork.org/">https://winnetwork.org/</a>
- Milbank Quarterly article on WIN Measures
- Learning Measurement System
- Measurement chapter for <u>Springboard for Equitable Recovery and Resilience</u>